

Why I gave up on my career to follow my dream

MANY people thought I had lost my marbles when, in the current times that we call the recession, I voluntarily gave up a successful career as a director of a software firm, to follow my dream — my passion for writing.

Born into a work-orientated family in Co Cork, I originally embarked on a path of scientific training, taking degrees in Mathematics, Science and Electronic Engineering.

Despite external success, having spent more than fifteen years as a business-woman in the IT industry, I struggled inside as I felt stuck in a career that conflicted with my heart.

And it was following the death of my father in 2006 that I was jolted into a sudden awakening as I started to ask questions of myself — What is life all about? Why are we here?

These fundamental questions were the start of what I can only describe as an amazing whirlwind journey, when I started to reconnect with my intuitive self that had been prominent in my childhood.

This prompted me to pack in my career to pursue a path of self-discovery and find more heart-felt purpose in life. Ultimately, this led me back to expression through writing, a passion I have

When her father died four years ago, Cork woman MAIREAD WHYTE decided her life was in a rut — and explains here why she decided to take drastic action



SUCCESS STORY: Mairead Whyte's first novel, *All For Grace*, has been selected from several thousand entries into the top 250 worldwide books in the Next Top Spiritual Author Competition.

fulfilling belief systems and integrating fun with spirituality to make it more invigorating for myself and for others.

I express this not only through my writing, but also through my encouragement of others to connect with their own authentic voice and enthusiasms.

All For Grace has been selected from several thousand entries into the top 250 worldwide books in the Next Top Spiritual Author Competition.

My understanding is that the book is the last Irish Republic entry remaining in this challenge. Go to the website nexttopauthor.com for a sneak preview where

fiction, taking the reader on a journey that celebrates emotions, from grief to joy, despair to hope, and tears to laughter. It is for those who feel 'stuck in a rut.' It appeals to anyone who seeks a path to new self-discoveries in a more fun and refreshing way.

It is my experience that the more we focus on struggles in life, the more we feed grief-driven mindsets, which become embedded in us and become our reality.

This means we attract what we focus on, and this is independent of external circumstances over which we may not have any control.

There is no formula, as many people know, and

your intuition. I have learned through my own journey in life that intuition is the key to connecting to a divine source within ourselves, opposed to orthodox beliefs in a deity that resides outside of us.

We are all divinely connected, and when we become more curious about this great mystery in life, searching for our own truths and combining both our physical environment with a spiritual awareness, we are guided to new heights of consciousness of our abilities and desires.

Everything starts with an idea, a dream, and then it is up to us what we do with it.

So how do we know if our

that you are really interested in; something that gives you lots of inner joy in doing it while equally bringing more joy to those around you.

If your thoughts are ego-driven, they will tend to change, and ideas will come and go, they will lack consistency, and in effect are driven by pure ambition, independent of where your natural talents lie.

Faith is increased as your intuition develops further, and when I speak of faith, I do not speak from any religious bias, as to me, faith is like a prayer that is visualising the outcome you want with the best of intentions; and in doing so, we grow



amazing with my journey, when I started to reconnect with my intuitive self that had been prominent in my childhood.

This prompted me to pack in my career to pursue a path of self-discovery and find more heart-felt purpose in life. Ultimately, this led me back to expression through writing, a passion I have held most of my life — what I used to describe as my hobby.

My first book, *All For Grace*, is about to be published and I am currently writing my second novel, *The Committee*.

As a full-time writer for nearly two years now, I also coach others to enhance their creativity. My work is inspired by my life journey, which has been my struggle to combine my scientifically trained mind with my heart-felt creativity, overcoming my childhood-limiting self-beliefs, searching for more

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After submitting your vote for this Irish entry, a message will direct you to enter a free draw for your chance to win one year of free one-to-one coaching, to kick-start the changes that you want in your life!

All For Grace is thought-provoking and light-hearted

struggles in life, the more we feed grief-driven mindsets, which become embedded in us and become our reality.

This means we attract what we focus on, and this is independent of external circumstances over which we may not have any control.

There is no formula, as many people know, and changing careers or finding more purpose to our lives is a combination of the pragmatic and practical planning, creating a positively focused vision. A very important ingredient, and most often a forgotten one, is faith.

Faith and belief in what you decide to do come strongly through developing

searching for our own truths and combining both our physical environment with a spiritual awareness, we are guided to new heights of consciousness of our abilities and desires.

Everything starts with an idea, a dream, and then it is up to us what we do with it.

So how do we know if our idea is a fleeting or even impossible notion of the day or a true intuitive thought about a direction to take? It's a huge topic, yet one of the simplest ways to recognise true intuition is when it is a strong, recurring thought.

Intuitive thoughts are consistent, they are inspired thoughts, and they will be in alignment with something

independent of where your natural talents lie.

Faith is increased as your intuition develops further and when I speak of faith, I do not speak from any religious bias, as to me, faith is like a prayer that is visualising the outcome you want with the best of intentions and in doing so, we grow both personally and spiritually as we connect with our own authentic voice and truths.

There are those that tell me it is easy for me! And maybe that is because I don't focus on or constantly dump my personal struggles onto others. As we go through our own lives, it is about staying open to the message that a particular crisis or equally a synchronicity may bring — always learning from past mistakes made, and using that information to propel you forward as you implement the changes you want into your life.



Despite external success, having spent more than fifteen years as a businesswoman in the IT industry, I struggled inside as I felt stuck in a career that conflicted with my heart.

Deepest gratitude to all of you who took the time to vote for me in the international publishing competition **THE NEXT TOP SPIRITUAL AUTHOR, ROUND 2** is still open for public voting and when you vote again you can win one year of **FREE** coaching to make the changes you want in your life also! **VOTE** at

<http://www.nexttopauthor.com/profile.cfm?aid=1995>